

Dear Parents/Guardians of Pillar High School Students,

We are very excited about the new school year and our continuation of the Pillar High aquatic therapy pro-gram. At the beginning of the school year, Pillar High Staff had an in-service regarding the policies and procedures regarding the Pillar High aquatic therapy program. We wanted share with you this important in-formation to ensure the safety and the health of the students. Here are some of the highlights of that training:

All pool attire needs to be properly labeled with the students' names.

Reasons a student may not be eligible to participate in aquatic therapy

- Open wounds or skin infections or rash
- Diarrhea and or vomiting
(Student ineligible for pool therapy for 2 weeks following diarrhea episodes.)
- Infectious respiratory disease (i.e. colds, flu, bronchitis)
- Acute burns
- Menstruation without internal protection

Nurse and Therapist must be immediately informed if any bowel movement or open wounds are noted.

Contamination of the pool water

The following shutdown schedule will be followed:

- Vomit-24 hours
- Formed Bowel Movement-24 hours
- Blood-24 hours
- Diarrhea (lose bowel movement)- 48 hours

Three Strike Rule

If a student has 3 bowel movements in the pool, that student will not be eligible to participate until a documented bowel training program has been established. The therapeutic team will provide a 24 hour chart with times to indicate urination and bowel movements. The therapists will help create a training schedule so that the student can have a predictable time for releasing of bowels. It will be up to the therapeutic team to determine when student can return to water.

I hope this information is helpful to all of you. In addition to reading this information, please check off the form that follows in regards to the washing of your child's swim gear.

Thank you,
Mary J. Ruiz
Coordinator of Therapies at Pillar High School