



Pillar High School

71-77 Okner Parkway
Livingston, NJ 07039

(973) 535-1999
Fax: (973) 535-1268
Website: www.pillarnj.org

Greetings from the Health Office Required Medical Documents 2023-2024 school year

Dear Parents/Guardians,

As the new school year approaches, the Nursing Department strives to ensure that all our students receive the utmost level of care.

For the health and safety of our students, it is recommended that all students have an **annual physical exam**. It is important that you supply the Nursing Office with the results of your child's physical examination, so that we can maintain up-to-date information regarding your child's growth, development, and physical abilities.

When your child receives any immunizations or vaccinations, including Flu shots and TB tests, please send a copy to the Nursing Department so that it can be documented on your child's school health record.

If your child receives either **daily or as needed medication** at school, it is necessary that a new physician order be completed for the upcoming school year **by your child's first day of school** for any medication to be administered during school hours. This order must be signed by a parent/guardian, as well as your child's physician.

If your child has a documented diagnosis of **seizure disorder, asthma, diabetes, severe allergy (anaphylaxis), or has a gastrostomy, jejunostomy tube or VP shunt in place**, an Emergency Action Plan has been included in this packet. More than one plan may be necessary if your child has multiple diagnoses. If you believe that your child no longer has a particular diagnosis for which a form has been sent, please submit a letter from your child's physician stating that he/she no longer has that condition and your child's school health record will be updated accordingly. Please also notify the Nursing Department if your child has a diagnosis listed above, but you have not received the appropriate action plan. **All Emergency Action Plans MUST be completed by a physician and returned to the Nursing Department prior to your child's first day of school. If a medical emergency occurs and we do not have a current Emergency Action Plan on file, standard school protocol will be followed and 911 may be called per nursing staff discretion. Students will not be permitted to participate in any school trips or community experiences if his/her emergency action plan(s) and medication have not been received.**

All medical issues should be relayed directly to the school Nurses; this includes any hospitalizations, emergency room visits, medication changes and medication requests. We request to be updated on any medical reports regarding your child's health, such as: hospitalizations, surgery, tests, or changes in feeding. **If your child has a surgical procedure or is hospitalized, please have the physician complete a Medical Clearance to Return to School Form.** Completion of this document helps us to ensure that all your child's medical needs will be met and that he/she can safely return to school.

If a student is absent for any reason, parents are required to notify the Nurses Office at **(973) 535-1999 Option 3** or via email at **HSNurses@pillarnj.org**. Please note that information shared with our staff by your child's transportation company, 1:1 or private duty nurse will **not** be considered a valid confirmation of absence. **All absences must be confirmed by the student's parent/guardian, or an individual listed as an emergency contact.**

For the health of our students and staff, we request that sick students (temperature of **100.4 degrees or above, diarrhea and/ or vomiting**) be kept home from school. Your child must be fever, diarrhea and vomiting free for 24 hours without the use of any medication to control these symptoms prior to returning to school. **A doctor's note is required if your child has been absent three or more consecutive days due to illness.**

Upon notification by the Nursing Department that a student is ill, it is a reasonable expectation that the student will be picked up within **one hour** or sooner from school. It is important that you respond to requests from the Nursing Department in a timely manner.

Thank you for your continued cooperation as we look forward to caring for your child during this school year. Please do not hesitate to contact the Nursing Department with any questions or concerns. Thank you!

LaTanya Acloque LPN
Jennifer Duperval RN, BSN
Lynn Ferrante RN, BSN
Lucie Momplaisir RN, BSN
Mary Pfister, RN Coordinator