Breakfast MONDAY Lunch		Breakfast TUESDAY Lunch		Breakfast WEDNESDAY Lunch		Breakfast THURSDAY Lunch		Breakfast FRIDAY Lunch	
SPRING BREAK									
8 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	WG Chicken Patty 2oz Amer. Cheese .05 oz/1 slice WG Bun 2 oz Sweet Potato Fries 3/4 cup Baked Beans 1/2 C Fruit 1 cup Milk 1 cup	9 Egg Patty 1 pc/ 1oz Amer Cheese 1pc/0.5oz WG Bun 2 oz Fruit 1/2 cup Milk 1 cup Juice 1/2 cup	Macaroni and Cheese 3/4 cup Broccoli 1 cup WG Garlic Bread Stick 2oz Fruit 1 cup Milk 8 oz	10 WG French Toast Sticks 2pcs/2 oz Yogurt 4oz Fruit 1 cup Milk 1 cup	Salisbury Steak: Beef Patty 2pcs/24oz Mashed Potato w/gravy ½ cup Carrots 1/2 cup WG Bread Stick 2oz/1 pc Fruit 1 cup Milk 1 cup	11 WG Waffles 20z/2 pc Fruit 1/2 cup Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup	Penne Pasta 3/4c Beef Crumbles 2oz in Marinara Sauce Garlic Bread Stick 2oz Green Bean 1/2 C Salad 1/2 cup Dice Tomato 1/4c Fruit 1 cup Milk 8 oz	WG Pancakes 20z/2 pcs Fruit 1cup Yogurt 1/2 cup Milk 1 cup	WG Grilled Cheese Sandwich WG Bread 3oz Amer Cheese 2oz/4 slices Green Peas 1/2 Cup Sweet Potato Waffle Fries 3/4 cup Fruit 1 cup Milk 1 cup
15 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Cheeseburger: Beef Patty 2oz/1pc Amer Cheese 1oz/2 slices WW Bun 2oz Baked Bean1/2 C French Fries 1/2 C Fruit 1 Cup Milk 1 Cup	Turkey Sausage Patty 1.5 oz WG Bun 2 oz Fruit 1/2 cup Milk 1 cup Juice 1/2 cup	Chicken Tenders 3pcs/3 oz Tuscan Veggie 1/2C Sweet Potato Fries 3/4 Cup WG Bread Stick 2oz/1 pc Fruit 1 cup Milk 1 cup	17 WG French Toast Sticks 2pcs/2 oz Yogurt 4oz Fruit 1 cup Milk 1 cup	WG Pizza 4 oz Spinach 1/2 cup, 5oz Mixed Salad 1 Cup Diced Tomato 1/4 Cup Fruit 1 cup Milk 1 cup	18 WG Waffles 20z/2 pc Fruit 1/2 cup Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup	Taco Salad: Turkey Taco Meat 2 oz WG Tortilla Chips 2 oz Mixed Salad 1 C Diced Tomatoes 1/4 cup Carrots 1/2 cup Fruit 1 cup Milk 8 oz	WG Pancakes 20z/2 pcs Fruit 1cup Yogurt 1/2 cup Milk 1 cup	WG Fish Sticks 20z/4pcs WG Bun 20z Peas 1/2C Sweet Potato Fries 3/4 Cup Fruit 1 cup Milk 1 cup
Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	WG Chicken Patty 2oz Amer. Cheese .05 oz/1 slice WG Bun 2 oz Sweet Potato Waffle Fries 3/4 cup Bake Beans 1/2C Fruit 1 cup Milk 1 cup	Egg Patty 1 pc/ 1oz Amer Cheese 1pc/0.5oz WG Bun 2 oz Fruit 1/2 cup Milk 1 cup Juice 1/2 cup	Macaroni and Cheese 3/4 cup Broccoli 1 cup WG Garlic Bread Sticks 20z/1pc Fruit 1 cup Milk 8 oz	24 WG French Toast Sticks 2pcs/2 oz Yogurt 4oz Fruit 1 cup Milk 1 cup	Salisbury Steak: Beef Patty 2pcs/4 oz Mashed Potato w/gravy 1/2 cup Peas 1/2 cup WG Bread Stick 2oz/1pc Fruit 1 cup Milk 1 cup	WG Waffles 20z/2pc Fruit 1/2 cup Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup	Grilled Chicken Strips 3 oz Gravy 1/4 Cup Rice 1/2 Cup Salad 1 cup Diced Tom 1/4 C Green Bean 1/2C WG Bread Stick 1 pc/2 oz Fruit 1 cup Milk 1 cup	WG Pancakes 20z/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Grilled Cheese Sandwich WG Bread 3oz Amer Cheese 2oz/4 slices Tuscan Veggie 1/2 Cup Sweet Potato Fries 3/4 cup Fruit 1 cup Milk 1 cup
29 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Cheeseburger: Beef Patty 2oz/1pc Amer Cheese 1oz/2 slices WW Bun 2oz Baked Bean1/2 C Sweet Potato Fries 3/4 Cup Fruit 1 Cup Milk 1 Cup	30 Turkey Sausage Patty 1.5 oz American Cheese 1pc/0.5oz WG Bun 2 oz Fruit 1/2 cup Milk 1 cup Juice 1/2 cup	Chicken Tenders 3pcs/3 oz Tuscan Veggie 1/2C French Fries 1/2C WG Bread Stick 2oz/1 pc Fruit 1 cup Milk 1 cup						

<mark>Pillar High School</mark>

Return Order Slip for April 2024

	Reduce	d Price	Full P	Full Price		
Date	Breakfast	Lunch	Breakfast	Lunch		
	\$.30	\$.40	\$1.90	\$3.05		
1st -5th	Spring	Break				
8						
9						
10						
11						
12						
15						
16						
17						
18						
19						
22						
23						
24						
25						
26						
29				•		
30				•		
				•		

Check dates to order meals. Full payment for	8
meals ordered must accompany this form	

otal Breakfasts	(a) \$.30 ordered = $\frac{1}{2}$
Total Breakfasts	(a) \$1.90 ordered = \$
Total Lunches	
Total Lunches	@ \$3.05 ordered = \$

Total Amount Enclosed	\$
Student Name	

Parent/Guardian Name Teacher Name

Meals Served in School

Please check off the day's your child needs a meal and eturn to school with payment if your child is in the educed and paid category.

Breakfast/Lunch Menu-April 2024
MILK IS PROVIDED WITH EACH BREAKFAST & LUNCH. Please note: If an alternative meal is required due to a ood allergy, indicate on your order form and we will provide a substitute meal that day. Juice will only be erved twice a week in AM.

MEALS ARE SUBJECT TO CHANGE DUE TO ON-GOING UPPLY CHAIN ISSUES.