| Breakfast MONDAY Lunch |  | Breakfast TUESDAY Lunch |  | Breakfast WEDNESDAY Lunch |  | Breakfast THURSDAY Lunch |  | Breakfast FRIDAY Lunch |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| SPRING <br> BREAK |  |  |  |  |  |  |  |  |  |
| 8 <br> Cereal 3/4 cup WG Muffin 2 oz <br> Fruit 1 cup <br> Yogurt 4oz <br> Milk 1 cup | WG Chicken Patty $20 z$ <br> Amer. Cheese . 05 oz/1 slice WG Bun 2 oz Sweet Potato Fries 3/4 cup Baked Beans 1/2 C Fruit 1 cup Milk 1 cup | 9 <br> Egg Patty 1 pc/ 10z <br> Amer Cheese 1pe/0.5oz WG Bun 2 oz Fruit 1/2 cup Milk 1 cup Juice 1/2 cup | Macaroni and <br> Cheese 3/4 cup <br> Broccoli 1 cup <br> WG Garlic Bread <br> Stick 2oz <br> Fruit 1 cup <br> Milk 8 oz | 10 <br> WG French Toast <br> Sticks 2pcs/2 oz <br> Yogurt 4oz <br> Fruit 1 cup <br> Milk 1 cup | Salisbury Steak: <br> Beef Patty <br> 2pcs/24oz <br> Mashed Potato <br> w/gravy $1 / 2$ cup <br> Carrots $1 / 2$ cup <br> WG Bread Stick <br> 2oz/1 pc <br> Fruit 1 cup <br> Milk 1 cup | 11 <br> WG Waffles <br> 2oz/2 pc <br> Fruit 1/2 cup <br> Yogurt 1/2 cup <br> Milk 1 cup <br> Juice 1/2 cup | Penne Pasta 3/4c Beef Crumbles <br> 2oz in Marinara <br> Sauce <br> Garlic Bread <br> Stick 2oz <br> Green Bean 1/2 C <br> Salad 1/2 cup <br> Dice Tomato 1/4c <br> Fruit 1 cup <br> Milk 8 oz | 12 <br> WG Pancakes <br> 2oz/2 pes <br> Fruit 1cup <br> Yogurt 1/2 cup <br> Milk 1 cup | WG Grilled Cheese Sandwich WG Bread 3oz Amer Cheese 2oz/4 slices <br> Green Peas 1/2 Cup <br> Sweet Potato Waffle Fries 3/4 cup <br> Fruit 1 cup Milk 1 cup |
| 15 <br> Cereal 3/4 cup <br> WG Muffin 2 oz <br> Fruit 1 cup <br> Yogurt 4oz <br> Milk 1 cup | Cheeseburger: <br> Beef Patty 2oz/1pc <br> Amer Cheese 1oz/2 <br> slices <br> WW Bun 2oz <br> Baked Bean1/2 C <br> French Fries 1/2 C <br> Fruit 1 Cup <br> Milk 1 Cup | 16 <br> Turkey Sausage Patty 1.5 oz WG Bun 2 oz Fruit 1/2 cup Milk 1 cup Juice 1/2 cup | Chicken Tenders <br> $3 p e s / 3$ oz <br> Tuscan Veggie <br> 1/2C <br> Sweet Potato Fries <br> 3/4 Cup <br> WG Bread Stick <br> 2oz/1 pc <br> Fruit 1 cup <br> Milk 1 cup | 17 <br> WG French Toast <br> Sticks 2pcs/2 oz <br> Yogurt 4oz <br> Fruit 1 cup <br> Milk 1 cup | WG Pizza 4 oz <br> Spinach $\mathbf{1 / 2}$ cup, <br> 5 5z <br> Mixed Salad 1 <br> Cup <br> Diced Tomato 1/4 <br> Cup <br> Fruit 1 cup <br> Milk 1 cup | 18 <br> WG Waffles <br> 2oz/2 pc <br> Fruit 1/2 cup <br> Yogurt 1/2 cup <br> Milk 1 cup <br> Juice 1/2 cup | Taco Salad: <br> Turkey Taco <br> Meat 2 oz <br> WG Tortilla <br> Chips 2 oz <br> Mixed Salad 1 C <br> Diced Tomatoes <br> 1/4 cup <br> Carrots $1 / 2$ cup <br> Fruit 1 cup <br> Milk 8 oz | 19 <br> WG Pancakes <br> 2oz/2 pes <br> Fruit 1cup <br> Yogurt 1/2 cup <br> Milk 1 cup | WG Fish Sticks 2oz/4pcs WG Bun 2oz Peas 1/2C <br> Sweet Potato <br> Fries 3/4 Cup <br> Fruit 1 cup <br> Milk 1 cup |
| 22 <br> Cereal 3/4 cup <br> WG Muffin 2 <br> oz <br> Fruit 1 cup <br> Yogurt 4oz <br> Milk 1 cup | WG Chicken Patty $20 z$ <br> Amer. Cheese . 05 oz/1 slice <br> WG Bun 2 oz <br> Sweet Potato <br> Waffle Fries 3/4 <br> cup <br> Bake Beans 1/2C <br> Fruit 1 cup <br> Milk 1 cup | 23 <br> Egg Patty 1 pc/ 1oz <br> Amer Cheese 1pc/0.5oz <br> WG Bun 2 oz Fruit 1/2 cup Milk 1 cup Juice $\mathbf{1 / 2}$ cup | Macaroni and <br> Cheese 3/4 cup <br> Broccoli 1 cup <br> WG Garlic Bread <br> Sticks 2oz/1pe <br> Fruit 1 cup <br> Milk 8 oz | 24 <br> WG French Toast Sticks 2pcs/2 oz Yogurt 4oz Fruit 1 cup Milk 1 cup | Salisbury Steak: <br> Beef Patty 2pcs/4 <br> oz <br> Mashed Potato <br> w/gravy $1 / 2$ cup <br> Peas $1 / 2$ cup <br> WG Bread Stick <br> 2oz/1pc <br> Fruit 1 cup <br> Milk 1 cup | 25 <br> WG Waffles <br> 20z/2pc <br> Fruit 1/2 cup <br> Yogurt 1/2 cup <br> Milk 1 cup <br> Juice 1/2 cup | Grilled Chicken Strips 3 oz Gravy 1/4 Cup Rice $1 / 2$ Cup Salad 1 cup Diced Tom 1/4C Green Bean 1/2C WG Bread Stick $1 \mathrm{pc} / 2 \mathrm{oz}$ Fruit 1 cup Milk 1 cup | 26 <br> WG Pancakes 20z/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup | WG Grilled Cheese Sandwich WG Bread 3oz Amer Cheese 2oz/4 slices <br> Tuscan Veggie 1/2 Cup <br> Sweet Potato Fries 3/4 cup Fruit 1 cup Milk 1 cup |
| 29 <br> Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup | Cheeseburger: <br> Beef Patty 2oz/1pc <br> Amer Cheese 1oz/2 <br> slices <br> WW Bun 2oz <br> Baked Bean1/2 C <br> Sweet Potato Fries <br> 3/4 Cup <br> Fruit 1 Cup <br> Milk 1 Cup | 30 <br> Turkey Sausage Patty 1.5 oz American Cheese 1pc/0.5oz WG Bun 2 oz Fruit $1 / 2$ cup Milk 1 cup Juice $\mathbf{1 / 2}$ cup | Chicken Tenders 3pes/3 oz <br> Tuscan Veggie 1/2C <br> French Fries 1/2C <br> WG Bread Stick <br> 2oz/1 pc <br> Fruit 1 cup <br> Milk 1 cup |  |  |  |  |  |  |

## Pillar High School

Return Order Slip for April 2024


Check dates to order meals. Full payment for all meals ordered must accompany this form Total Breakfasts $\qquad$ (a) $\$ .30$ ordered

Total Breakfasts $\qquad$ (a) $\$ 1.9$

Total Lunches $\qquad$ (a) $\$ .40$ ordered $=$

Total Lunches $\qquad$ ( $\$ 3.05$ ordered $=\$$
Total Amount Enclosed \$
Student Name $\qquad$


Parent/Guardian Name
Teacher Name
Meals Served in School
Please check off the day's your child needs a meal and return to school with payment if your child is in the reduced and paid category.
Breakfast/Lunch Menu-April 2024
MILK IS PROVIDED WITH EACH BREAKFAST \& LUNCH. lease note: If an alternative meal is required due to a food allergy, indicate on your order form and we will provide a substitute meal that day. Juice will only be served twice a week in AM.
MEALS ARE SUBJECT TO CHANGE DUE TO ON-GOING SUPPLY CHAIN ISSUES.

