

Breakfast MONDAY Lunch	Breakfast TUESDAY Lunch	Breakfast WEDNESDAY Lunch	Breakfast THURSDAY Lunch	Breakfast FRIDAY Lunch	
		1 Happy New Year's Day	2 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	3 WG French Toast Sticks 2oz/2 pc Fruit 1/2 cup Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Chicken Salad 3oz Wrap/Bread 2oz Green Salad 1 C Tomato 1/4 Cup Cucumber 1/4C Sweet Potato Fries 1/2 Cup Sun Chip 1 oz Regular Diet Only Fruit 1 cup Milk 1 cup	
6 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Cheeseburger: Beef Patty 2oz/1pc Amer Cheese 1oz/2 slices WW Bun 2oz Baked Bean 1/2 C French Fries 3/4 C Fruit 1 Cup Milk 1 Cup	7 Turkey Sausage Patty 1.5 oz WG Bun 2 oz Fruit 1/2 cup Milk 1 cup Juice 1/2 cup	8 WG Pancakes 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	9 WG Waffles 2oz/2 pc Fruit 1/2 cup Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup	10 WG French Toast Sticks 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup Tuna Salad 3oz Wrap/Bread 2oz Salad 1 Cup Tomato 1/4 cup Cucumber 1/4C Sweet Potato Fries 1/2 cup WG White Doritos 1.5oz Reg Diet Only Fruit 1 cup Milk 1 cup
13 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	WG Chicken Patty 2oz Amer. Cheese 1oz/2slices WG Bun 2 oz Roasted Sweet Potato 1/2 Cup Baked Beans 1/2 C Fruit 1 cup Milk 1 cup	14 Egg Patty 1 pc/1oz Amer Cheese 1pc/0.5oz WG Bun 2 oz Fruit 1/2 cup Milk 1 cup Juice 1/2 cup	15 WG Pancakes 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	16 WG Waffles 2oz/2 pc Fruit 1/2 cup Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup	17 WG French Toast Sticks 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup Chicken Salad 3oz Wrap/Bread 2oz Green Salad 1 C Tomato 1/4 Cup Cucumber 1/4C Sweet Potato Fries 1/2 Cup Sun Chip 1 oz Reg Diet Only Fruit 1 cup Milk 1 cup
20 Martin Luther King Day School Closed		21 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	22 WG Pancakes 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	23 WG Waffles 2oz/2 pc Fruit 1/2 cup Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup 3	24 WG French Toast Sticks 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup Tuna Salad 3oz Wrap/Bread 2oz Salad 1 Cup Tomato 1/4 cup Cucumber 1/4C Sweet Potato Fries 1/2 cup WG White Doritos 1.5oz Reg Diet Only Fruit 1 cup Milk 1 cup
27 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	WG Chicken Patty 2oz Amer. Cheese 1oz/2slices WG Bun 2 oz Roasted Sweet Potato 1/2 Cup Baked Beans 1/2 C Fruit 1 cup Milk 1 cup	28 Egg Patty 1 pc/1oz Amer Cheese 1pc/0.5oz WG Bun 2 oz Fruit 1/2 cup Milk 1 cup Juice 1/2 cup	29 WG Pancakes 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	30 WG Waffles 2oz/2 pc Fruit 1/2 cup Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup	31 WG French Toast Sticks 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup Chicken Salad 3oz Wrap/Bread 2oz Green Salad 1 C Tomato 1/4 Cup Cucumber 1/4C Sweet Fries 1/2 C Sun Chip 1 oz Reg Diet Only Fruit 1 cup Milk 1 cup

Pillar High School

Return Order Slip for January 2025

Full Price			
Date	Breakfast	Lunch	
	\$ 2.00	\$3.15	
2			
3			
6			
7			
8			
9			
10			
13			
14			
15			
16			
17			
20	SCHOOL	CLOSED	MLK Day
21			
22			
23			
24			
27			
28			
29			
30			
31			

Check dates to order meals. **Full payment for all meals ordered must accompany this form**

Total Breakfasts _____ @ \$2.00 ordered = \$ _____

Total Lunches _____ @ \$3.15 ordered = \$ _____

Total Amount Enclosed \$ _____

Student Name _____

Parent/Guardian Name _____

Teacher Name _____

Meals Served in School _____

Please check off the day's your child needs a meal and return to school with payment if applicable.

Breakfast/Lunch Menu-January 2025

MILK IS PROVIDED WITH EACH BREAKFAST & LUNCH. Please note: If an alternative meal is required due to a food allergy, indicate on your order form and we will provide a substitute meal that day. Juice will only be served twice a week in AM.

MEALS ARE SUBJECT TO CHANGE DUE TO ON-GOING SUPPLY CHAIN ISSUES.