

Breakfast	MONDAY	Lunch	Breakfast	TUESDAY	Lunch	Breakfast	WEDNESDAY	Lunch	Breakfast	THURSDAY	Lunch	Breakfast	FRIDAY	Lunch
			1.  School Closed			2  Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Roasted Sweet Potato 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup		3  WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup		4  Fourth of July  School Closed		
7  Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Roasted Sweet Potato 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup	8  WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Tuscan Veggies 1/2 cup WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	9  Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Macaroni & Cheese 3/4 Cup Broccoli 3/4C WG Bread Stick 1oz Fruit 1/2 Cup Milk 8oz	10  WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4 C Fruit 1/2 cup Milk 1 cup	11  Cereal 3/4 cup WG Muffin 2oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad oz WG Bread or Wrap 2oz Sweet Potato Fries1/2C Green Salad 1/2C Tomato 1/4 C Fruit 1/2 cup Milk 1 cup					
14  Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	15  WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Chicken Patty 2oz WG Breadstick 1 oz Roasted Sweet Potato 1/2 cup Broccoli 1/2 cup Fruit 1/2 cup Milk 1 cup	16  Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Penne Pasta 1/2 cup cooked Beef Crumble 2 oz Marinara Sauce 1/4 C Green Peas 1/2C Fruit 1/2 Cup Milk 1 Cup	17  WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Turkey Taco Meat 3.5 oz WG Wrap 2.5 oz Salad 1 Cup Tomato 1/4C Cucumber 1/4C Fruit 1 Cup Milk 1 Cup	18  Cereal 3/4 cup WG Muffin 2oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Deli Turkey Breast 2oz WG Bread or Wrap 2oz Sweet Potato Fries 1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup					
21  Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3 oz Roasted Sweet Potato 1/2 C Baked Beans 1/2C WG Bread Stick 1oz/1 pcs Fruit 1/2 cup Milk 1 cup	22  WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Green Beans 1/2 cup WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	23  Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Chicken Strips 2oz Broccoli 3/4 Cup Rice 1/2 Cup WG Garlic Cheese Breadstick 1oz Fruit 1/2 Cup Milk 1 Cup Gravy optional	24  WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Amazing Lo Mein Spaghetti 2oz Garbanzo Bean 2oz Pepper/Onion 1/4 Cup Carrots 1/2 cup WG Bread Stix2oz Fruit 1 cup Milk 8 oz	25  Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup					
28  Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	29  Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	WG Chicken Patty 2oz WG Breadstick 1 oz Roasted Sweet Potato 1/2 cup Broccoli 1/2 cup Fruit 1/2 cup Milk 1 cup	30  Egg Patty 1 oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Spaghetti 1 Cup Turkey Meatballs 2 oz Marinara Sauce 1/4 C Green Peas 1/2C Fruit 1/2 Cup Milk 1 Cup	31  WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup							

**\*Please remember all Food Allergies and Restricted Diets must have a physician order per NSLP/USDA.**

Return Order by July 2025 PES K-8<sup>th</sup> Grade

	Paid			
Date	Breakfast	Lunch		
	\$2.10	\$3.25		
1	School	Closed		
2				
3				
4	School	Closed	4 <sup>th</sup> of	July
7				
8				
9				
10				
11				
14				
15				
16				
17				
18				
21				
22				
23				
24				
25				
28				
29				
30				
31				

Total Breakfasts \_\_\_\_\_ @ \$2.10 ordered = \$ \_\_\_\_\_

Total Lunch \_\_\_\_\_ @ \$3.25 ordered = \$ \_\_\_\_\_

Student Name \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Teacher Name \_\_\_\_\_

Meals Served in School \_\_\_\_\_

Please check off the day’s your child needs a meal and return to school with payment if applicable.

**Breakfast/Lunch Menu – July 2025**  
**MILK IS PROVIDED WITH EACH LUNCH. Please note: If an alternative meal is required due to a food allergy per a doctor’s script please indicate it on your order form.**

**Please note the pureed and minced and moist muffins will be served upon availability for breakfast on Monday and Friday. \*Substitutes for breakfast grains can be interchangeable between French Toast, Waffles, or Pancakes if an item is unavailable from the distributor. The menu is subject to change due to ongoing supply chain issues.**

Breakfast	MONDAY	Lunch	Breakfast	TUESDAY	Lunch	Breakfast	WEDNESDAY	Lunch	Breakfast	THURSDAY	Lunch	Breakfast	FRIDAY	Lunch
			1.  School Closed			2  Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Roasted Sweet Potato 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup		3  WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup		4  Fourth of July  School Closed		
7  Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Roasted Sweet Potato 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup	8  WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Tuscan Veggies 1/2 cup WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	9  Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Macaroni & Cheese 3/4 Cup Broccoli 3/4C WG Bread Stick 1oz Fruit 1/2 Cup Milk 8oz	10  WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4 C Fruit 1/2 cup Milk 1 cup	11  Cereal 3/4 cup WG Muffin 2oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad oz WG Bread or Wrap 2oz Sweet Potato Fries1/2C Green Salad 1/2C Tomato 1/4 C Fruit 1/2 cup Milk 1 cup					
14  Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	15  WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Chicken Patty 2oz WG Breadstick 1 oz Roasted Sweet Potato 1/2 cup Broccoli 1/2 cup Fruit 1/2 cup Milk 1 cup	16  Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Penne Pasta 1/2 cup cooked Beef Crumble 2 oz Marinara Sauce 1/4 C Green Peas 1/2C Fruit 1/2 Cup Milk 1 Cup	17  WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Turkey Taco Meat 3.5 oz WG Wrap 2.5 oz Salad 1 Cup Tomato 1/4C Cucumber 1/4C Fruit 1 Cup Milk 1 Cup	18  Cereal 3/4 cup WG Muffin 2oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Deli Turkey Breast 2oz WG Bread or Wrap 2oz Sweet Potato Fries 1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup					
21  Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3 oz Roasted Sweet Potato 1/2 C Baked Beans 1/2C WG Bread Stick 1oz/1 pcs Fruit 1/2 cup Milk 1 cup	22  WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Green Beans 1/2 cup WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	23  Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Chicken Strips 2oz Broccoli 3/4 Cup Rice 1/2 Cup WG Garlic Cheese Breadstick 1oz Fruit 1/2 Cup Milk 1 Cup Gravy optional	24  WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Amazing Lo Mein Spaghetti 2oz Garbanzo Bean 2oz Pepper/Onion 1/4 Cup Carrots 1/2 cup WG Bread Stix2oz Fruit 1 cup Milk 8 oz	25  Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup					
28  Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	29  Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	WG Chicken Patty 2oz WG Breadstick 1 oz Roasted Sweet Potato 1/2 cup Broccoli 1/2 cup Fruit 1/2 cup Milk 1 cup	30  Egg Patty 1 oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Spaghetti 1 Cup Turkey Meatballs 2 oz Marinara Sauce 1/4 C Green Peas 1/2C Fruit 1/2 Cup Milk 1 Cup	31  WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup							

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Return Order by July 2025 Pre School

	Paid			
Date	Breakfast	Lunch		
	\$2.10	\$3.25		
1	School	Closed		
2				
3				
4	School	Closed	4 <sup>th</sup> of	July
7				
8				
9				
10				
11				
14				
15				
16				
17				
18				
21				
22				
23				
24				
25				
28				
29				
30				
31				

Total Breakfasts \_\_\_\_\_@ \$2.10 ordered = \$ \_\_\_\_\_

Total Lunch \_\_\_\_\_@ \$3.25 ordered = \$ \_\_\_\_\_

Student Name \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_

Teacher Name \_\_\_\_\_

Meals Served in School \_\_\_\_\_

Please check off the day’s your child needs a meal and return to school with payment if applicable.

**Breakfast/Lunch Menu – July 2025**  
**MILK IS PROVIDED WITH EACH LUNCH. Please note: If an alternative meal is required due to a food allergy per a doctor’s script please indicate it on your order form.**

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