

Breakfast	MONDAY	Lunch	Breakfast	TUESDAY	Lunch	Breakfast	WEDNESDAY	Lunch	Breakfast	THURSDAY	Lunch	Breakfast	FRIDAY	Lunch
5	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Tuscan Veg 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup	6	WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Peas 1/2C WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	7	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Macaroni & Cheese 1/2Cup Broccoli 3/4C WG Bread Stick 1oz Fruit 1/2 Cup Milk 8oz	8	WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	9	Cereal 3/4 cup WG Muffin 2oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup
12	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	13	WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Chicken Patty 2oz WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Broccoli 1/2 cup Fruit 1/2 cup Milk 1 cup	14	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Chicken Strips 2oz Peas 3/4 Cup Rice 1/2 Cup WG Garlic Cheese Breadstick 1oz Fruit 1/2 Cup Milk 1 Cup Gravy optional	15	WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Amazing Lo Mein Spaghetti 2oz Garbanzo Bean 2oz Pepper/Onion 1/4 Cup Carrots 1/2 cup WG Biscuit 2oz Fruit 1 cup Milk 8 oz	16	Cereal 3/4 cup WG Muffin 2oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	WG Fish Nuggets Stars/Fish Shapes 4pcs/2oz Sweet Potato Fries 1/2 C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup
19	School Closed Martin Luther King Birthday		20	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Broccoli 1/2 Cup WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	21	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Penne Pasta 1/2 cup cooked Beef Crumble 2 oz Marinara Sauce 1/4 C WG Bread Stick 1oz Green Peas 1/2C Fruit 1/2 Cup Milk 1 Cup	22	WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Turkey Taco Meat 3.5 oz WG Wrap 2.5 oz Black Beans 1/2C Salad 1 Cup Tomato 1/4C Cucumber 1/4C Fruit 1 Cup Milk 1 Cup	23	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup
26	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	27	WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Chicken Patty 2oz WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Monterey Veggie Mix 1/2 cup Fruit 1/2 cup Milk 1 cup	28	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Spaghetti 1 Cup Turkey Meatballs 2 oz Marinara Sauce 1/4 C Green Peas 1/2C WG Breadstick 2oz Fruit 1/2 Cup Milk 1 Cup	29	WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	30	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	WG Fish Nuggets Stars/Fish Shapes 4pcs/2oz Sweet Potato Fries 1/2 C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup

***Please remember all Food Allergies and Restricted Diets must have a physician order per NSLP/USDA. Pre School students are NOT Allowed Flavored Milk per USDA**

Return Order January 2026 Pillar Schools Pre-K

	Paid			
Date	Breakfast	Lunch		
	\$2.10	\$3.25		
5				
6				
7				
8				
9				
12				
13				
14				
15				
16				
19	School	Closed		
20				
21				
22				
23				
26				
27				
28				
29				
30				

Total Breakfasts ____ @\$2.10 ordered = \$ ____
Total Lunch ____ @\$3.25 ordered = \$ ____
Student Name _____
Parent/Guardian Name _____
Teacher Name _____
Meals Served in School _____
Please check off the day’s your child needs a meal and return to school with payment if applicable.

Breakfast/Lunch Menu – January 2026
MILK IS PROVIDED WITH EACH LUNCH. Please note: If an alternative meal is required due to a food allergy per a doctor’s script please indicate it on your order form.
Please note the pureed and minced and moist muffins will be served upon availability for breakfast on Monday and Friday. *Substitutes for breakfast grains can be interchangeable between French Toast, Waffles, or Pancakes if an item is unavailable from the distributor. The menu is subject to change due to ongoing supply chain issues.

Breakfast	MONDAY	Lunch	Breakfast	TUESDAY	Lunch	Breakfast	WEDNESDAY	Lunch	Breakfast	THURSDAY	Lunch	Breakfast	FRIDAY	Lunch
5	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Tuscan Veg 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup	6	WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Peas 1/2C WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	7	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Macaroni & Cheese 1/2 Cup Broccoli 3/4C WG Bread Stick 1oz Fruit 1/2 Cup Milk 8oz	8	WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	9	Cereal 3/4 cup WG Muffin 2oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup
12	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	13	WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Chicken Patty 2oz WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Broccoli 1/2 cup Fruit 1/2 cup Milk 1 cup	14	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Chicken Strips 2oz Peas 3/4 Cup Rice 1/2 Cup WG Garlic Cheese Breadstick 1oz Fruit 1/2 Cup Milk 1 Cup Gravy optional	15	WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Amazing Lo Mein Spaghetti 2oz Garbanzo Bean 2oz Pepper/Onion 1/4 Cup Carrots 1/2 cup WG Biscuit 2oz Fruit 1 cup Milk 8 oz	16	Cereal 3/4 cup WG Muffin 2oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	WG Fish Nuggets Stars/Fish Shapes 4pcs/2oz Sweet Potato Fries 1/2 C Green Beans 1/2 Cup Fruit 1/2 cup Milk 1 cup
19	School Closed Martin Luther King Birthday		20	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Broccoli 1/2 Cup WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	21	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Penne Pasta 1/2 cup cooked Beef Crumble 2 oz Marinara Sauce 1/4 C Green Peas 1/2C WG Bread Stick 1oz Fruit 1/2 Cup Milk 1 Cup	22	WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Turkey Taco Meat 3.5 oz WG Wrap 2.5 oz Black Beans 1/2C Salad 1 Cup Tomato 1/4C Cucumber 1/4C Fruit 1 Cup Milk 1 Cup	23	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup
26	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	27	WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Chicken Patty 2oz WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Monterey Veggie Mix 1/2 cup Fruit 1/2 cup Milk 1 cup	28	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Spaghetti 1 Cup Turkey Meatballs 2 oz Marinara Sauce 1/4 C Green Peas 1/2C WG Breadstick 2oz Fruit 1/2 Cup Milk 1 Cup	29	WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	30	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	WG Fish Nuggets Stars/Fish Shapes 4pcs/2oz Sweet Potato Fries 1/2 C Green Beans 1/2 Cup Fruit 1/2 cup Milk 1 cup

ongoing supply chain issues.
*Please remember all Food Allergies and Restricted Diets must have a physician order per NSLP/USDA.

Return Order January 2026 PES K-8th Grade

	Paid			
Date	Breakfast	Lunch		
	\$2.10	\$3.25		
5				
6				
7				
8				
9				
12				
13				
14				
15				
16				
19	School	Closed		
20				
21				
22				
23				
26				
27				
28				
29				
30				

Total Breakfasts ____ @\$2.10 ordered = \$ ____
Total Lunch ____ @\$3.25 ordered = \$ ____
Student Name _____
Parent/Guardian Name _____
Teacher Name _____
Meals Served in School _____
Please check off the day’s your child needs a meal and return to school with payment if applicable.

Breakfast/Lunch Menu – January 2026
MILK IS PROVIDED WITH EACH LUNCH. Please note: If an alternative meal is required due to a food allergy per a doctor’s script please indicate it on your order form.

Please note the pureed and minced and moist muffins will be served upon availability for breakfast on Monday and Friday. *Substitutes for breakfast grains can be interchangeable between French Toast, Waffles, or Pancakes if an item is unavailable from the distributor. The menu is subject to change due to