

Breakfast	MONDAY	Lunch	Breakfast	TUESDAY	Lunch	Breakfast	WEDNESDAY	Lunch	Breakfast	THURSDAY	Lunch	Breakfast	FRIDAY	Lunch
5			6			7			8			9		
Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Tuscan Veg 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup	WG French Toast Sticks 2oz/2pcs Beef Gravy Smiley Face Potatoes 1/2 Cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup Milk 1 cup	Beef Patty 1 patty/2oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Macaroni & Cheese 1/2Cup Broccoli 3/4C WG Bread Stick 1oz Fruit 1/2 Cup Milk 8oz	WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato 1/4 cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	Cereal 3/4 cup WG Muffin 2oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries 1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup					
12			13			14			15			16		
Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	WG French Toast Sticks 2oz/2pcs WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Broccoli 1/2 cup Fruit 1/2 cup Milk 1 cup	WG Chicken Patty 2oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Chicken Strips 2oz Peas 3/4 Cup Rice 1/2 Cup WG Garlic Cheese Breadstick 1oz Fruit 1/2 Cup Milk 1 Cup Gravy optional	WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Amazing Lo Mein Spaghetti 2oz Garbanzo Bean 2oz Pepper/Onion 1/4 Cup Carrots 1/2 cup WG Biscuit 2oz Fruit 1 cup Milk 8 oz	Cereal 3/4 cup WG Muffin 2oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	WG Fish Nuggets Stars/Fish Shapes 4pcs/2oz Sweet Potato Fries 1/2 C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup					
19			20			21			22			23		
School Closed Martin Luther King Birthday			Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Broccoli 1/2 Cup WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Penne Pasta 1/2 cup cooked Beef Crumble 2 oz Marinara Sauce 1/4 C WG Bread Stick 1oz Fruit 1/2 Cup Milk 1 Cup	WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Turkey Taco Meat 3.5 oz WG Wrap 2.5 oz Black Beans 1/2C Salad 1 Cup Tomato 1/4C Cucumber 1/4C Fruit 1 Cup Milk 1 Cup	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries 1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup				
26			27			28			29			30		
Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	WG French Toast Sticks 2oz/2pcs WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Monterey Veggie Mix 1/2 cup Fruit 1/2 cup Milk 1 cup	WG Chicken Patty 2oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Spaghetti 1 Cup Turkey Meatballs 2 oz Marinara Sauce 1/4 C Green Peas 1/2C WG Breadstick 2oz Fruit 1/2 Cup Milk 1 Cup	WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato 1/4 cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	WG Fish Nuggets Stars/Fish Shapes 4pcs/2oz Sweet Potato Fries 1/2 C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup					

Return Order January 2026 Pillar Schools Pre-K		
	Paid	
Date	Breakfast	Lunch
5	\$2.10	\$3.25
6		
7		
8		
9		
12		
13		
14		
15		
16		
19	School	Closed
20		
21		
22		
23		
26		
27		
28		
29		
30		

Total Breakfasts ____ @ \$2.10 ordered = \$ _____

Total Lunch ____ @ \$3.25 ordered = \$ _____

Student Name _____

Parent/Guardian Name _____

Teacher Name _____

Meals Served in School _____

Please check off the day's your child needs a meal and return to school with payment if applicable.

Breakfast/Lunch Menu – January 2026

MILK IS PROVIDED WITH EACH LUNCH. Please

note: If an alternative meal is required due to a food allergy per a doctor's script please indicate it on your order form.

Please note the pureed and minced and moist muffins will be served upon availability for breakfast on Monday and Friday. *Substitutes for breakfast grains can be interchangeable between French Toast, Waffles, or Pancakes if an item is unavailable from the distributor. The menu is subject to change due to ongoing supply chain issues.

***Please remember all Food Allergies and Restricted Diets must have a physician order per NSLP/USDA. Pre School students are NOT Allowed Flavored Milk per USDA**

Breakfast	MONDAY	Lunch	Breakfast	TUESDAY	Lunch	Breakfast	WEDNESDAY	Lunch	Breakfast	THURSDAY	Lunch	Breakfast	FRIDAY	Lunch
5 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Tuscan Veg 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup	6 WG French Toast Sticks 2oz/2pcs Beef Gravy Smiley Face Potatoes 1/2 Cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup Milk 1 cup	7 Beef Patty 1 patty/2oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	8 WG Macaroni & Cheese 1/2 Cup Broccoli 3/4C WG Bread Stick 1oz Fruit 1/2 Cup Milk 8oz	9 WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	10 WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato 1/4 cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	11 Cereal 3/4 cup WG Muffin 2oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	12 Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries 1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup						
12 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	13 WG French Toast Sticks 2oz/2pcs WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Broccoli 1/2 cup Fruit 1/2 cup Milk 1 cup	14 WG Chicken Patty 2oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	15 Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	16 Chicken Strips 2oz Peas 3/4 Cup Rice 1/2 Cup WG Garlic Cheese Breadstick 1oz Fruit 1/2 Cup Milk 1 Cup Gravy optional	17 WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	18 Amazing Lo Mein Spaghetti 2oz Garbanzo Bean 2oz Pepper/Onion 1/4 Cup Carrots 1/2 cup WG Biscuit 2oz Fruit 1 cup Milk 8 oz	19 Cereal 3/4 cup WG Muffin 2oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	20 WG Fish Nuggets Stars/Fish Shapes 4pcs/2oz Sweet Potato Fries 1/2 C Green Beans 1/2 Cup Fruit 1/2 cup Milk 1 cup					
19 School Closed Martin Luther King Birthday		21 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	22 Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Broccoli 1/2 Cup WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	23 WG Penne Pasta 1/2 cup cooked WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	24 WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	25 Turkey Taco Meat 3.5 oz WG Wrap 2.5 oz Black Beans 1/2C Salad 1 Cup Tomato 1/4C Cucumber 1/4C Fruit 1 Cup Milk 1 Cup	26 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	27 Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries 1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup						
26 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	28 WG French Toast Sticks 2oz/2pcs WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Monterey Veggie Mix 1/2 cup Fruit 1/2 cup Milk 1 cup	29 WG Chicken Patty 2oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	30 Spaghetti 1 Cup Turkey Meatballs 2 oz Marinara Sauce 1/4 C Green Peas 1/2C WG Breadstick 2oz Fruit 1/2 Cup Milk 1 Cup	31 WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	32 WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato 1/4 cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	33 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	34 WG Fish Nuggets Stars/Fish Shapes 4pcs/2oz Sweet Potato Fries 1/2 C Green Beans 1/2 Cup Fruit 1/2 cup Milk 1 cup						

Return Order January 2026 PES K-8th Grade

	Paid	
Date	Breakfast	Lunch
5	\$2.10	\$3.25
6		
7		
8		
9		
12		
13		
14		
15		
16		
19	School	Closed
20		
21		
22		
23		
26		
27		
28		
29		
30		

Total Breakfasts ____ @ \$2.10 ordered = \$ _____

Total Lunch ____ @ \$3.25 ordered = \$ _____

Student Name _____

Parent/Guardian Name _____

Teacher Name _____

Meals Served in School

Please check off the day's your child needs a meal and return to school with payment if applicable.

Breakfast/Lunch Menu – January 2026
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note: If an alternative meal is required due to a food allergy per a doctor's script please indicate it on your order form.

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Monday and Friday. *Substitutes for breakfast grains can be interchangeable between French Toast, Waffles, or Pancakes if an item is unavailable from the distributor. The menu is subject to change due to

ongoing supply chain issues.

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