

Breakfast	MONDAY Lunch	Breakfast	TUESDAY Lunch	Breakfast	WEDNESDAY Lunch	Breakfast	THURSDAY Lunch	Breakfast	FRIDAY Lunch
2 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Tuscan Veg 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup	3 WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Peas 1/2C WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	4 Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Macaroni & Cheese 1/2 Cup Broccoli 3/4C WG Bread Stick 1oz Fruit 1/2 Cup Milk 8oz	5 WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	6 Cereal 3/4 cup WG Muffin 2oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries 1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup
9 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	10 WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Chicken Patty 2oz WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Broccoli 1/2 cup Fruit 1/2 cup Milk 1 cup	11 Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Chicken Strips 2oz Peas 3/4 Cup Brown Rice 1/4 Cup Fruit 1/2 Cup Milk 1 Cup Gravy optional	12 WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Amazing Lo Mein Spaghetti 2oz Garbanzo Bean 2oz Pepper/Onion 1/4 Cup Carrots 1/2 cup Bread Stick 1oz Fruit 1 cup Milk 8 oz	13 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	WG Fish Nuggets Stars/Fish Shapes 4pcs/2oz Sweet Potato Fries 1/2 C Green Beans 1/2 Cup Fruit 1/2 cup Milk 1 cup
16 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Tuscan Veg 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup	17 WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Broccoli 1/2 Cup WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	18 Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Penne Pasta 1/2 cup cooked Beef Crumble 2 oz Marinara Sauce 1/4 C Green Peas 1/2C WG Bread Stick 1oz Fruit 1/2 Cup Milk 1 Cup	19 WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Turkey Taco Meat 3.5 oz WG Wrap 2.5 oz Black Beans 1/2C Salad 1 Cup Tomato 1/4C Cucumber 1/4C Fruit 1 Cup Milk 1 Cup	20 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries 1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup
23 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	24 WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Chicken Patty 2oz WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Monterey Veggie Mix 1/2 cup Fruit 1/2 cup Milk 1 cup	25 Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Spaghetti 1 Cup Turkey Meatballs 2 oz Marinara Sauce 1/4 C Green Peas 1/2C WG Breadstick 2oz Fruit 1/2 Cup Milk 1 Cup	26 WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	27 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	WG Fish Nuggets Stars/Fish Shapes 4pcs/2oz Sweet Potato Fries 1/2 C Green Beans 1/2 Cup Fruit 1/2 cup Milk 1 cup
	30 Spring Break School Closed		31						

Return Order March 2026 PES K-8th Grade

Date	Paid		School	Closed
	Breakfast	Lunch		
	\$2.10	\$3.25		
2				
3				
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27				
30	Spring	Break	School	Closed
31				

Total Breakfasts ____ @ \$2.10 ordered = \$ ____
 Total Lunch ____ @ \$3.25 ordered = \$ ____
 Student Name _____
 Parent/Guardian Name _____
 Teacher Name _____
 Meals Served in School _____
 Please check off the day's your child needs a meal and return to school with payment if applicable

Breakfast/Lunch Menu – March 2026
MILK IS PROVIDED WITH EACH LUNCH. Please note: If an alternative meal is required due to a food allergy per a doctor's script please indicate it on your order form.

Please note the pureed and minced and moist muffins will be served upon availability for breakfast on Monday and Friday. *Substitutes for breakfast grains can be interchangeable between French Toast, Waffles, or Pancakes if an item is unavailable from the distributor. The menu is subject to change due

ongoing supply chain issues. We offer vegetarian options Plant Based Breaded Patty, Veggie Burger and Veggie Crumble. *Please remember all Food Allergies and Restricted Diets must have a physician order per NSLP/USDA.

Breakfast	MONDAY Lunch	Breakfast	TUESDAY Lunch	Breakfast	WEDNESDAY Lunch	Breakfast	THURSDAY Lunch	Breakfast	FRIDAY Lunch
2 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Tuscan Veg 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup	3 WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Peas 1/2C WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	4 Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Macaroni & Cheese 1/2 Cup Broccoli 3/4C WG Bread Stick 1oz Fruit 1/2 Cup Milk 8oz	5 WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	6 Cereal 3/4 cup WG Muffin 2oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries 1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup
9 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	10 WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Chicken Patty 2oz WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Broccoli 1/2 cup Fruit 1/2 cup Milk 1 cup	11 Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Chicken Strips 2oz Peas 3/4 Cup Brown Rice 1/4 Cup Fruit 1/2 Cup Milk 1 Cup Gravy optional	12 WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Amazing Lo Mein Spaghetti 2oz Garbanzo Bean 2oz Pepper/Onion 1/4 Cup Carrots 1/2 cup Bread Stick 1oz Fruit 1 cup Milk 8 oz	13 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	WG Fish Nuggets Stars/Fish Shapes 4pcs/2oz Sweet Potato Fries 1/2 C Green Beans 1/2 Cup Fruit 1/2 cup Milk 1 cup
16 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Tuscan Veg 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup	17 WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Broccoli 1/2 Cup WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	18 Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Penne Pasta 1/2 cup cooked Beef Crumble 2 oz Marinara Sauce 1/4 C Green Peas 1/2C WG Bread Stick 1oz Fruit 1/2 Cup Milk 1 Cup	19 WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Turkey Taco Meat 3.5 oz WG Wrap 2.5 oz Black Beans 1/2C Salad 1 Cup Tomato 1/4C Cucumber 1/4C Fruit 1 Cup Milk 1 Cup	20 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries 1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup
23 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	24 WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Chicken Patty 2oz WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Monterey Veggie Mix 1/2 cup Fruit 1/2 cup Milk 1 cup	25 Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Spaghetti 1 Cup Turkey Meatballs 2 oz Marinara Sauce 1/4 C Green Peas 1/2C WG Breadstick 2oz Fruit 1/2 Cup Milk 1 Cup	26 WG Waffles 2pcs/2.5oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	27 Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	WG Fish Nuggets Stars/Fish Shapes 4pcs/2oz Sweet Potato Fries 1/2 C Green Beans 1/2 Cup Fruit 1/2 cup Milk 1 cup
	30 Spring Break School Closed		31						

Return Order March 2026 Pre School				
Date	Paid	Breakfast	Lunch	
	\$2.10	\$3.25		
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16				
17				
18				
19				
20				
23				
24				
25				
26				
27				
30	Spring	Break	School	Closed
31				

Total Breakfasts ____ @ \$2.10 ordered = \$ ____
Total Lunch ____ @ \$3.25 ordered = \$ ____
Student Name _____
Parent/Guardian Name _____
Teacher Name _____
Meals Served in School _____
Please check off the day's your child needs a meal and return to school with payment if applicable

Breakfast/Lunch Menu – March 2026
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Please note the pureed and minced and moist muffins will be served upon availability for breakfast on Monday and Friday. *Substitutes for breakfast grains can be interchangeable between French Toast, Waffles, or Pancakes if an item is unavailable from the distributor. The menu is subject to change due

ongoing supply chain issues. We offer vegetarian options Plant Based Breaded Patty, Veggie Burger and Veggie Crumble. Flavored Milk is NOT Allowed for Pre School Students per USDA Regulations. *Please remember all Food Allergies and Restricted Diets must have a physician order per NSLP/USDA.