

Breakfast MONDAY Lunch		Breakfast TUESDAY Lunch		Breakfast WEDNESDAY Lunch		Breakfast THURSDAY Lunch		Breakfast FRIDAY Lunch						
6	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Tuscan Veg 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup	7	WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Peas 1/2C WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	8	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Spaghetti 2oz Turkey Meatballs 3/2oz Marinara Sauce 1/4 cup Green Beans 1/2 Cup Fruit 1/2 Cup Milk 8oz	9	WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	10	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup
13	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	14	WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Chicken Patty 2oz WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Broccoli 1/2 cup Fruit 1/2 cup Milk 1 cup	15	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Chicken Strips 2oz Peas 3/4 Cup Brown Rice 1/4 Cup Fruit 1/2 Cup Milk 1 Cup Gravy optional	16	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken & Waffles: Chicken Tenders 3pcs/3oz Waffles 2pcs/2oz Monterey Veggie 3/4 cups Fruit 1 cup Milk 8 oz	17	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Sliced Turkey 2oz WG Bread or Wrap 2oz Sweet Potato Fries 1/2 C Green Beans 1/2 Cup Fruit 1/2 cup Milk 1 cup
20	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Tuscan Veg 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup	21	WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Broccoli 1/2 Cup WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	22	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Penne Pasta 1/2 cup cooked Beef Crumble 2 oz Marinara Sauce 1/4 C Green Peas 1/2C WG Bread Stick 1oz Fruit 1/2 Cup Milk 1 Cup	23	WG Waffles 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Turkey Taco Meat 3.5 oz WG Wrap 2.5 oz Black Beans 1/2C Salad 1 Cup Tomato 1/4C Cucumber 1/4C Fruit 1 Cup Milk 1 Cup	24	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup
27	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	28	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	WG Chicken Patty 2oz WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Monterey Veggie 1/2 cup Fruit 1/2 cup Milk 1 cup	29	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Spaghetti 1 Cup Turkey Meatballs 2 oz Marinara Sauce 1/4 C Green Peas 1/2C Fruit 1/2 Cup Milk 1 Cup	30	WG Pancakes 2pcs/2oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	31	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Sliced Turkey 2oz WG Bread or Wrap 2oz Sweet Potato Fries 1/2 C Green Beans 1/2 Cup Fruit 1/2 cup Milk 1 cup

We offer vegetarian options Plant Based Breaded Patty, Veggie Burger and Veggie Crumble.
***Please remember all Food Allergies and Restricted Diets must have a physician order per NSLP/USDA.**

Return Order 2026 July PES K-8 th Grade				
	Paid			
Date	Breakfast	Lunch		
	\$2.20	\$3.35		
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7				
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31				
Total Breakfasts ____ @\$2.20 ordered = \$ ____				
Total Lunch ____ @\$3.35 ordered = \$ ____				
Student Name _____				
Parent/Guardian Name _____				
Teacher Name _____				
Meals Served in School _____				
Please check off the day’s your child needs a meal and return to school with payment if applicable.				

Breakfast/Lunch Menu – July 2026
MILK IS PROVIDED WITH EACH LUNCH. Please note: If an alternative meal is required due to a food allergy per a doctor’s script please indicate it on your order form.

Please note the pureed and minced and moist muffins will be served upon availability for breakfast on Monday and Friday. *Substitutes for breakfast grains can be interchangeable between French Toast, Waffles, or Pancakes if an item is unavailable from the distributor. The menu is subject to change due ongoing supply chain issues.

Breakfast MONDAY Lunch		Breakfast TUESDAY Lunch		Breakfast WEDNESDAY Lunch		Breakfast THURSDAY Lunch		Breakfast FRIDAY Lunch						
6	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Tuscan Veg 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup	7	WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Peas 1/2C WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	8	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Spaghetti 2oz Turkey Meatballs 3/2oz Marinara Sauce 1/4 cup Green Beans 1/2 Cup Fruit 1/2 Cup Milk 8oz	9	WG Pancakes 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	10	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup
13	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	14	WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Chicken Patty 2oz WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Broccoli 1/2 cup Fruit 1/2 cup Milk 1 cup	15	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Chicken Strips 2oz Peas 3/4 Cup Brown Rice 1/4 Cup Fruit 1/2 Cup Milk 1 Cup Gravy optional	16	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken & Waffles: Chicken Tenders 3pcs/3oz Waffles 2pcs/2oz Monterey Veggie 3/4 cups Fruit 1 cup Milk 8 oz	17	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Sliced Turkey 2oz WG Bread or Wrap 2oz Sweet Potato Fries 1/2 C Green Beans 1/2 Cup Fruit 1/2 cup Milk 1 cup
20	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Tenders 3pcs/3oz Tuscan Veg 1/2 C Baked Beans 1/2C Fruit 1/2 cup Milk 1 cup	21	WG French Toast Sticks 2oz/2pcs Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	Beef Patty 1 patty/2oz Beef Gravy Smiley Face Potatoes 1/2 Cup Broccoli 1/2 Cup WG Biscuit 2 oz Fruit 1/2 cup Milk 1 cup	22	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Penne Pasta 1/2 cup cooked Beef Crumble 2 oz Marinara Sauce 1/4 C Green Peas 1/2C WG Bread Stick 1oz Fruit 1/2 Cup Milk 1 Cup	23	WG Waffles 2pcs/2oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Turkey Taco Meat 3.5 oz WG Wrap 2.5 oz Black Beans 1/2C Salad 1 Cup Tomato 1/4C Cucumber 1/4C Fruit 1 Cup Milk 1 Cup	24	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Chicken Salad 2oz WG Bread or Wrap 2oz Sweet Potato Fries1/2C Green Salad 1/2C Tomato 1/4 C Cucumber 1/4C Fruit 1/2 cup Milk 1 cup
27	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Hamburger Patty 1 patty/2 oz WG Bun 2 oz French Fries 1/2 C Baked Beans 1/2 C Fruit 1/2 Cup Milk 1 Cup	28	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	WG Chicken Patty 2oz WG Croissant 1.5oz Roasted Sweet Potato 1/2 cup Monterey Veggie 1/2 cup Fruit 1/2 cup Milk 1 cup	29	Egg Patty 1oz WG Croissant 2 oz Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Spaghetti 1 Cup Turkey Meatballs 2 oz Marinara Sauce 1/4 C Green Peas 1/2C Fruit 1/2 Cup Milk 1 Cup	30	WG Pancakes 2pcs/2oz Yogurt 1/2 cup Milk 1 cup Juice 1/2 cup Fruit 1/2 cup	WG Pizza 2 oz Spinach 1/2 C Green Salad 1/2 Cup Diced Tomato ¼ cup. Cucumber 1/4C Fruit 1/2 cup Milk 1 cup	31	Cereal 3/4 cup WG Muffin 2 oz Yogurt 1/2 C Fruit 1 cup Milk 1 cup	Sliced Turkey 2oz WG Bread or Wrap 2oz Sweet Potato Fries 1/2 C Green Beans 1/2 Cup Fruit 1/2 cup Milk 1 cup

We offer vegetarian options Plant Based Breaded Patty, Veggie Burger and Veggie Crumble. Flavored milk is not allowed for preschool students per USDA

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Return Order 2026 July Pre School

	Paid			
Date	Breakfast	Lunch		
	\$2.20	\$3.35		
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Total Breakfasts ____ @\$2.20 ordered = \$ ____
Total Lunch ____ @\$3.35 ordered =\$ ____
Student Name ____
Parent/Guardian Name ____
Teacher Name ____
Meals Served in School ____
Please check off the day’s your child needs a meal and return to school with payment if applicable.

Breakfast/Lunch Menu – Julu 2026
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