

Breakfast MONDAY Lunch		Breakfast TUESDAY Lunch		Breakfast WEDNESDAY Lunch		Breakfast THURSDAY Lunch		Breakfast FRIDAY Lunch						
6	Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	WG Chicken Patty 3 oz. WG Bun 2 oz Sweet Potato 1/2 Cup Baked Beans 1/2 C Fruit 1 cup Milk 1 cup	7	Turkey Sausage Patty 1.5 oz WG Croissant 2 oz Fruit 1/2 cup Milk 1 cup Juice 1/2 cup	WG Ravioli2oz/5pc Beef Crumble 2oz Marinara 1/4 cup Green Peas 1/2 cup Salad 1/2 cup Tomato 1/4 cup Cucumber 1/4 cup WG Garlic Knots 2pcs/ 2oz Fruit 1 cup Milk 8 oz	8	WG Pancakes 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Terriyaki Bowl Chicken 2oz Rice 1/2 Cup Broccoli 1/2C Salad 1/2 Cup Tomato 1/4C Cucumber 1/4C Garlic Knots 2pcs/2oz Chicken Gravy Fruit 1 cup Milk 8 oz	9	WG French Toast Sticks 2oz/2 pcs Fruit 1/2 cup Juice 1/2 cup Yogurt 1/2 cup Milk 1 cup	Salisbury Steak: BeefPatty1pcs/3oz Smily Face Potato 1/2 cup Gravy 1/2 cup Green Beans 1/2C WG Biscuit 2oz/1 pc Fruit 1 cup Milk 1 cup	10	Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Chicken and Waffles: Chicken Tenders 3oz/3pcs WG Waffles 2oz/2pcs Tuscan Veg 1 Cup Fruit 1 Cup Milk 1 Cup
13	Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Hamburger: Beef Patty 2oz/1pc American Cheese 2 slices/1 oz WW Bun 2oz Baked Bean 1/2 C French Fries 1/2 C Fruit 1 Cup Milk 1 Cup	14	Egg Patty 1 pc/ 1oz Amer Cheese 2pc/1oz WG Croissant 2 oz Fruit 1/2 cup Yogurt 1/2C Milk 1 cup Juice 1/2 cup	Chicken Tenders 3pcs/3 oz Green Peas 1/2 C Sweet Potato Fries 1/2 Cup WG Bread Stick 2oz/1 pc Fruit 1 cup Milk 1 cup	15	WG Waffles 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Pizza 4 oz Spinach 1/2 cup Salad 1 cup Diced Tomato 1/4C Cucumber 1/4 cup Carrots 1/4 cup Fruit 1 cup Milk 1 cup	16	WG French Toast Sticks 2oz/2 pcs Fruit 1/2 cup Juice 1/2 cup Yogurt 1/2 cup Milk 1 cup	Meatballs 3pc/3oz 6" Sub roll Marinara Sce 1/4C Broccoli 1/2 cup Mozzarella 1oz Fruit 1 cup Milk 8 oz	17	Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Loaded Tator Tots Turkey Chili 2 oz Tator Tots 1/2C Baked Tortilla Chips 2oz Salad 1/2 Cup Tomato 1/4 cup Cucumber 1/4C Fruit 1 cup Milk 1 cup
20	Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	WG Chicken Patty 3 oz. WG Bun 2 oz Sweet Potato 1/2 Cup Baked Beans 1/2 C Fruit 1 cup Milk 1 cup	21	Turkey Sausage Patty 1.5 oz WG Croissant 2 oz Fruit 1/2 cup Yogurt 1/2C Milk 1 cup Juice 1/2 cup	Turkey 4 oz Cheese 2oz Let and Tom slices Hoagie Roll WG Onion Rings 10pcs/2oz-1/2 cup Tuscan Veg 1/2 cup Fruit 1 cup Milk 1 cup	22	WG Pancakes 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Chicken Strips 2oz Rice 1/2 cup Peas 1/2 cup Salad 1/2 cup Tomato 1/4C WG Garlic Knots 2pcs/2oz Chick Gravy 1/2C Fruit 1 cup Milk 1 cup	23	WG French Toast Sticks 2oz/2 pcs Fruit 1/2 cup Juice 1/2 cup Yogurt 1/2 cup Milk 1 cup	Turkey Taco Meat 2 oz Cheese 2oz WG Baked Tortilla Chips 2 oz Mixed Salad 1 C Dice Tomato1/2C Cucumber 1/4C Raw Carrots 1/4C Fruit 1 cup Milk 1 Cup	24	Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Chicken and Waffles: Chicken Tenders 3oz/3pcs WG Waffles 2oz/2pcs Tuscan Veg 1/2C Fruit 1 Cup Milk 1 Cup
27	Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Hamburger: Beef Patty 2oz/1pc American Cheese 3 slices/1.5 oz WW Bun 2oz Baked Bean 1/2 C French Fries 1 C Fruit 1 Cup Milk 1 Cup	28	Egg Patty 1 pc/ 1oz Amer Cheese 2pc/1oz WG Croissant 2 oz Fruit 1/2 cup Yogurt 1/2C Milk 1 cup Juice 1/2 cup	Chicken Tenders 3pcs/3 oz Green Peas 1/2 C Sweet Potato Fries 1/2 Cup WG Bread Stick 1oz/1 pc Fruit 1 cup Milk 1 cup	29	WG Waffles 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Pizza 4 oz Spinach 1/2 cup Salad 1 cup Diced Tomato 1/4C Cucumber 1/4 cup Carrots 1/4 cup Fruit 1 cup Milk 1 cup	30	WG French Toast Sticks 2oz/2 pcs Fruit 1/2 cup Juice 1/2 cup Yogurt 1/2 cup Milk 1 cup	Salisbury Steak: BeefPatty1pcs/3oz Smiley Potatoes 3/4 cups Gravy 1/2 cup Green Beans 1/2C WG Biscuit 2oz/1 pc Fruit 1 cup Milk 1 cup	31	Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Loaded Tator Tots Turkey Chili 2 oz Tator Tots 1/2C Cheddar Cheese 2oz Salad 1/2 Cup Tomato 1/4 cup Cucumber 1/4C Fruit 1 cup Milk 1 cup

Pillar High School

Return Order by: July 2026

Full Price/Paid			
Date	Breakfast	Lunch	
	\$ 2.20	\$3.35	
6			
7			
8			
9			
10			
13			
14			
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16			
17			
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21			
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24			
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31			

Check dates to order meals. **Full payment for all meals ordered must accompany this form**

Total Breakfasts ____ @ \$2.20 ordered = \$ ____

Total Lunches ____ @ \$3.35 ordered = \$ ____

Total Amount Enclosed \$ _____

Student Name_____

Parent/Guardian Name _____

Teacher Name _____

Breakfast/Lunch Menu – July 2026

MILK IS PROVIDED WITH EACH LUNCH. JUICE IS SERVED AS A FRUIT ALTERNATE. Please note: If an alternative meal is required due to a food allergy, indicate on your order form and we will provide a substitute meal for that day.

PLEASE USE THE ENVELOPE PROVIDED AND RETURN WITH THE PAYMENT PORTION OF THIS MENU. PLEASE MAKE CHECKS PAYABLE TO PILLAR HIGH SCHOOL. THANK YOU