

Breakfast	MONDAY Lunch	Breakfast	TUESDAY Lunch	Breakfast	WEDNESDAY Lunch	Breakfast	THURSDAY Lunch	Breakfast	FRIDAY Lunch
		1 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Chicken Tenders 3pcs/3 oz Green Peas 1/2 C Sweet Potato Fries 1/2 Cup WG Bread Stick 2oz/1 pc Fruit 1 cup Milk 1 cup	2 WG Waffles 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Pizza 4 oz Spinach 1/2 cup Salad 1 cup Diced Tomato 1/4C Cucumber 1/4 cup Carrots 1/4 cup Fruit 1 cup Milk 1 cup	3 WG French Toast Sticks 2oz/2 pcs Fruit 1/2 cup Juice 1/2 cup Yogurt 1/2 cup Milk 1 cup	Meatballs 3pc/3oz 6” Sub roll Marinara Sce 1/4C Broccoli 1/2 cup WG Onion Rings 10pc/ Fruit 1 cup Milk 8 oz	4 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Loaded Tator Tots Turkey Chili 2 oz Tator Tots 1/2C Baked Tortilla Chips 2oz Salad 1/2 Cup Tomato 1/4 cup Cucumber 1/4C Fruit 1 cup Milk 1 cup
SCHOOL CLOSED HAPPY LABOR DAY		8 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Turkey 4 oz Cheese 2oz Let and Tom slices Hoagie Roll WG Onion Rings 10pcs/2oz-1/2 cup Tuscan Veg 1/2 cup Fruit 1 cup Milk 1 cup	9 WG Pancakes 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Chicken Teriyaki Chicken Strips 2oz Rice 1/2 cup Broccoli 1/2 cup Salad 1/2 cup Tomato 1/4C WG Garlic Knots 2pcs/2oz Teriyaki 1/2C Fruit 1 cup Milk 1 cup	10 WG French Toast Sticks 2oz/2 pcs Fruit 1/2 cup Juice 1/2 cup Yogurt 1/2 cup Milk 1 cup	Penne Pasta 1/2C Beef Crumble 3oz Marinara Sauce Green Peas ½ WG Bread Stick 2oz Mixed Salad 1 C Dice Tomato1/2C Cucumber 1/4C Raw Carrots 1/4C Fruit 1 cup Milk 1 Cup	11 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Chicken and Waffles: Chicken Tenders 3oz/3pcs WG Waffles 2oz/2pcs Tuscan Veg 1/2C Fruit 1 Cup Milk 1 Cup
14 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Hamburger: Beef Patty 2oz/1pc American Cheese 3 slices/1.5 oz WW Bun 2oz Baked Bean 1/2 C French Fries 1 C Fruit 1 Cup Milk 1 Cup	15 Egg Patty 1 pc/1oz Amer Cheese 2pc/1oz WG Croissant 2 oz Fruit 1/2 cup Yogurt 1/2C Milk 1 cup Juice 1/2 cup	Chicken Tenders 3pcs/3 oz Green Peas 1/2 C Sweet Potato Fries 1/2 Cup WG Bread Stick 1oz/1 pc Fruit 1 cup Milk 1 cup	16 WG Waffles 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Pizza 4 oz Spinach 1/2 cup Salad 1 cup Diced Tomato 1/4C Cucumber 1/4 cup Carrots 1/4 cup Fruit 1 cup Milk 1 cup	17 WG French Toast Sticks 2oz/2 pcs Fruit 1/2 cup Juice 1/2 cup Yogurt 1/2 cup Milk 1 cup	Meatballs 3pc/3oz 6” Sub roll Marinara Sce 1/4C Broccoli 1/2 cup Mozzarella 1oz Fruit 1 cup Milk 8 oz	18 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Loaded Tator Tots Turkey Chili 2 oz Tator Tots 1/2C Cheddar Cheese 2oz Salad 1/2 Cup Tomato 1/4 cup Cucumber 1/4C Fruit 1 cup Milk 1 cup
21 SCHOL CLOSED YOM KIPPUR		22 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Turkey 4 oz Cheese 2oz Let and Tom slices Hoagie Roll WG Onion Rings 10pcs/2oz-1/2 cup Tuscan Veg 1/2 cup Fruit 1 cup Milk 1 cup	23 WG Pancakes 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	Chicken Strips 2oz Rice 1/2 cup Broccoli 1/2 cup Salad 1/2 cup Tomato 1/4C WG Garlic Knots 2pcs/2oz Chicken Gravy1/2C Fruit 1 cup Milk 1 cup	24 WG French Toast Sticks 2oz/2 pcs Fruit 1/2 cup Juice 1/2 cup Yogurt 1/2 cup Milk 1 cup	Turkey Taco Meat 2 oz Cheese 2oz WG Baked Tortilla Chips 2 oz Mixed Salad 1 C Dice Tomato1/2C Cucumber 1/4C Raw Carrots 1/4C Fruit 1 cup Milk 1 Cup	25 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Chicken and Waffles: Chicken Tenders 3oz/3pcs WG Waffles 2oz/2pcs Tuscan Veg 1/2C Fruit 1 Cup Milk 1 Cup
28 Cereal 3/4 cup WG Muffin 2 oz Fruit 1 cup Yogurt 4oz Milk 1 cup	Hamburger: Beef Patty 2oz/1pc American Cheese 3 slices/1.5 oz WW Bun 2oz Baked Bean 1/2 C French Fries 1 C Fruit 1 Cup Milk 1 Cup	29 Turkey Sausage Patty 1.5 oz WG Croissant 2 oz Fruit 1/2 cup Milk 1 cup Juice 1/2 cup	WG Ravioli2oz/5pc Beef Crumble 2oz Marinara 1/4 cup Green Peas 1/2 cup Salad 1/2 cup Tomato 1/4 cup WG Garlic Knots 2pcs/ 2oz Fruit 1 cup Milk 8 oz	30 WG Waffles 2oz/2 pcs Fruit 1 cup Yogurt 1/2 cup Milk 1 cup	WG Chicken Patty 3 oz. WG Bun 2 oz Sweet Potato 1/2 Cup Baked Beans 1/2 C Fruit 1 cup Milk 1 cup				

Pillar High School

Return Order by: September 2026

	Full Price/Paid			
Date	Breakfast	Lunch		
	\$ 2.20	\$3.35		
1				
2				
3				
4				
7	SCHOOL	CLOSED	LABOR	DAY
8				
9				
10				
11				
14				
15				
16				
17				
18				
21	SCHOOL	CLOSED	YOM	KIPPUR
22				
23				
24				
25				
28				
29				
30				

Check dates to order meals. **Full payment for all meals ordered must accompany this form**

Total Breakfasts ____ @ \$2.20 ordered = \$ ____

Total Lunches ____ @ \$3.35 ordered = \$ ____

Total Amount Enclosed \$ ____

Student Name_____

Parent/Guardian Name _____

Teacher Name _____

Breakfast/Lunch Menu – September 2026

MILK IS PROVIDED WITH EACH LUNCH. JUICE IS SERVED AS A FRUIT ALTERNATE. Please note: If an alternative meal is required due to a food allergy, indicate on your order form and we will provide a substitute meal for that day.

PLEASE USE THE ENVELOPE PROVIDED AND RETURN WITH THE PAYMENT PORTION OF THIS MENU. PLEASE MAKE CHECKS PAYABLE TO PILLAR HIGH SCHOOL. THANK YOU